



RECLAIMING SWANSEA'S SURPLUS FRUIT

Volunteer Role Title: **Fruit Driver**

Purpose

Our Fruit Drivers are a crucial link in the chain of what we do. Once it has been picked, you bring the fruit closer to the people who are waiting to eat it by taking it to the pickup point for our distributor, FareShare Cymru. A FareShare driver will pick up the boxes of fruit in the next few days and distribute them to local food banks and community food sharing projects, like Matt's Cafe. By volunteering in this role you're making a vital contribution to putting high quality, local food in the hands and mouths of people in Swansea who could likely not afford it otherwise. You're also helping the environment because local fruit means lower emissions, as they're not being transported here from England, China, or countries in the EU. Plus when this fruit becomes food it saves the emissions caused by transporting it to Carmarthen to be composted, the fate of garden waste in Swansea.

Suggested activities

Volunteers in this role collect the boxes of fruit from the picking site and drive it to the nearest FareShare pickup point.

The volunteers at the picking site will be able to load the boxes onto your vehicle but you will need to unload them by yourself. The boxes won't weigh more than 12 kg and part of your orientation when we first meet will be a brief training on safe lifting because we want to keep you as safe as possible.

Time scale

We will be scheduling fruit picking on different days both in the week and during the weekend within the harvest period of August - October. The collection of picked fruit will take place from 11:30 am to 6:00 pm. How much time you want to commit is entirely up to you. You could drive the fruit as a one off activity or you could volunteer on a more regular basis, whatever works for you.

Site

We'll be picking fruit in a range of outdoor locations, including parks, gardens, business grounds and common land. Most of our sites are within an eight kilometre radius of Swansea city centre.

Supervision

One to one with the project manager by appointment. Access to the project manager by phone and email.

Qualities

To volunteer for this role you do need to be a safe driver with access to a vehicle to transport fruit and be comfortable with lifting boxes of up to 12 kg. We will be picking trees all over Swansea so these trips will vary in length. Enthusiasm for our mission is a huge plus!

Benefits

- Training on manually lifting boxes of fruit safely.
- Reimbursement for petrol at a rate of 35p per km for the round trip from your house.

- Fruit! Please bring a carrier bag, or some other container with you to take some home.
- Experience contributing to a new, low carbon, food source for Swansea.